



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2018

Sporting Excellence in Karate

Regional Level

Victoria Cowan

This is to certify that Victoria Cowan has performed to a very high standard in Competition Sport Karate throughout 2018 winning the medals and titles listed below:-

Championship Success - 1 Gold 1 Silver 4 Bronze

Hull & East Riding Junior Championships - 10th June, Bilton

Bronze - Individual Kumite
Bronze - Individual Kata

Shindo Kai Championships - 1st July, Barnsley

Gold - Team Kumite
Silver - Individual Kata
Bronze - Team Kata

Shindo Kai Championships - 18th November, Barnsley

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2018. Well done Victoria.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

